

## Lesson 21 SPORTS DAY - 体育祭

## How was sports day?

## 体育祭はどうでしたか？

## ■ GOALS (レッスンの目標)

## 1. To talk about sports day.

体育祭について話しましょう。

## 2. To ask about sports day.

先生に体育祭について聞いてみましょう。



## Today's Point

外国にも体育祭があります。競技や制度について、日本と同じ点や異なる点を比較してみましょう。



## Language Point

今日は、その日の出来事に関しての感想を伝える練習です。very や pretty のような副詞と interesting や boring のような形容詞を組み合わせる表現しましょう。



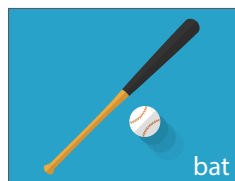
## レッスン前に準備しましょう

参加した体育祭の写真や動画、ない場合はネット上にある日本の体育祭の様子が分かる画像など

## L-1. Warm-up ウォームアップ

Match each picture with the sport it is used for.

下記のイラストと、それを使うスポーツを結び付けてください。



basketball

soccer

badminton

baseball

tennis

## L-2. Vocabulary and Expressions ボキャブラリーと表現

### Basic Expressions

How was it ?  
どうでしたか？

Can you tell me about it ?  
どうだったか教えてください。



It was...

very/so/really exciting

とても/ 本当に 盛り上がった/ わくわくした



pretty tiring

結構/ まあまあ 疲れた



a little boring

つまらなかった

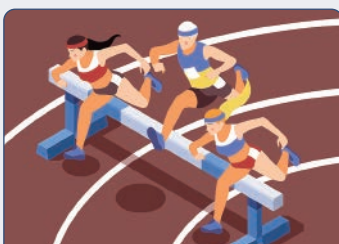


not interesting

面白くなかった



tug of war  
綱引き



obstacle course race  
障害物競走



relay  
リレー

### Advanced Expressions



somewhat **thrilling**

いくらか / まあまあ ぞくぞくした



extremely **exhausting**

かなり 疲労困憊した

## Let's practice!

Read and complete the sentences using the pictures.

下記のイラストを見て、文章を完成させてください。

1. Going to the amusement park is .

2. I couldn't finish watching the movie. It was a little .

3. Our team won the  this year.

4. The  race is the most difficult event during our sports day.

5. Our sports day was really  but .

## L-3. Core Sample Talk サンプルトーク

Act this out with your teacher. Try to make eye contact when you talk.

先生と音読しましょう。アイコンタクトを心がけましょう。

Teacher: How was sports day?

Student: It was pretty exciting.

Teacher: Can you tell me about it?

Student: Of course! There were three teams: red, blue, and yellow.

Teacher: That's very interesting.

Student: We had relays, tug of war, obstacle course race and other events.

Teacher: Wow! They sound like fun.

Student: Yes, but I was so tired that evening. How was your sports day?



## L-4. Let's talk!! レッツ・トーク!!

レッスンの中で一番大切なアクティビティです。  
今まで学んだこと、練習したことを活かして、  
自分の言葉で自由に表現してみましょう。

### Today's Topic

Are you ready to talk about sports day?

Let's begin!

先生に体育祭について話してください。  
先生の学校のスポーツイベントについても  
聞いてみましょう。

### Useful Expressions:

これらの表現を使ってみましょう。

- I joined the \_\_\_\_\_.
- I played in the \_\_\_\_\_.
- It was very \_\_\_\_\_.
- I was \_\_\_\_\_ after sports day.
- How was your sports day?
- What did you do on sports day?

### Talk about...

こんな話しをしてみましょう。

- sports day at school
- what sports/activities you joined
- how you felt during that time
- why it is important to join sports activities



### Ask your teacher...

先生に聞いてみましょう。

- what sports/activities he/she participated at school
- how he/she felt when playing the sports/activities
- why it is important to play sports

### Discussion:

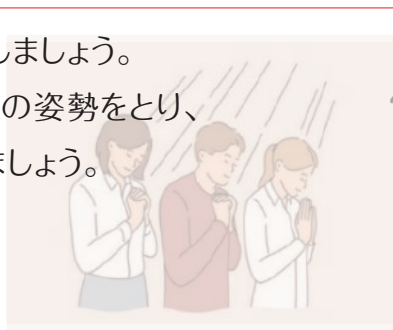
- Do you think playing a sport is important?
- Would you like to play a sport for a living/as a job?
- Do you think playing sports makes a person a better team player?



## L-5. A Short Prayer お祈り

最後に先生と神様にお祈りをしましょう。

手を合わせ、目を閉じてお祈りの姿勢をとり、  
最後に一緒にアーメンと言いましょう。



Dear God...

\_\_\_\_\_

\_\_\_\_\_

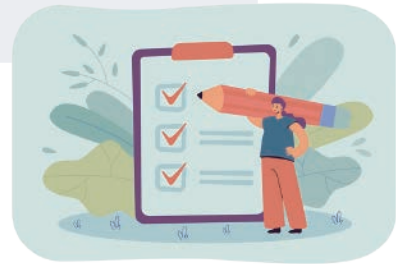


## Interaction Checklist チェックリスト

Put a ✓ if you did it in Interaction.

できたことをチェックしてください。

- ☐ introduce yourself
- ☐ talk about your sports day
- ☐ ask about your teacher's sports day
- ☐ use many of today's new expressions



### Review - 復習

## How was sports day?

What happened in today's Interaction?

今日のレッスンで学んだことを英語で記入してみましょう。



My teacher today was \_\_\_\_\_.

I told my teacher that on my sports day, we had \_\_\_\_\_.

My teacher said that on his/her sports day, he/she had \_\_\_\_\_.

Something I learned about my teacher is that he/she is \_\_\_\_\_.

Today's expressions that I used are \_\_\_\_\_.

